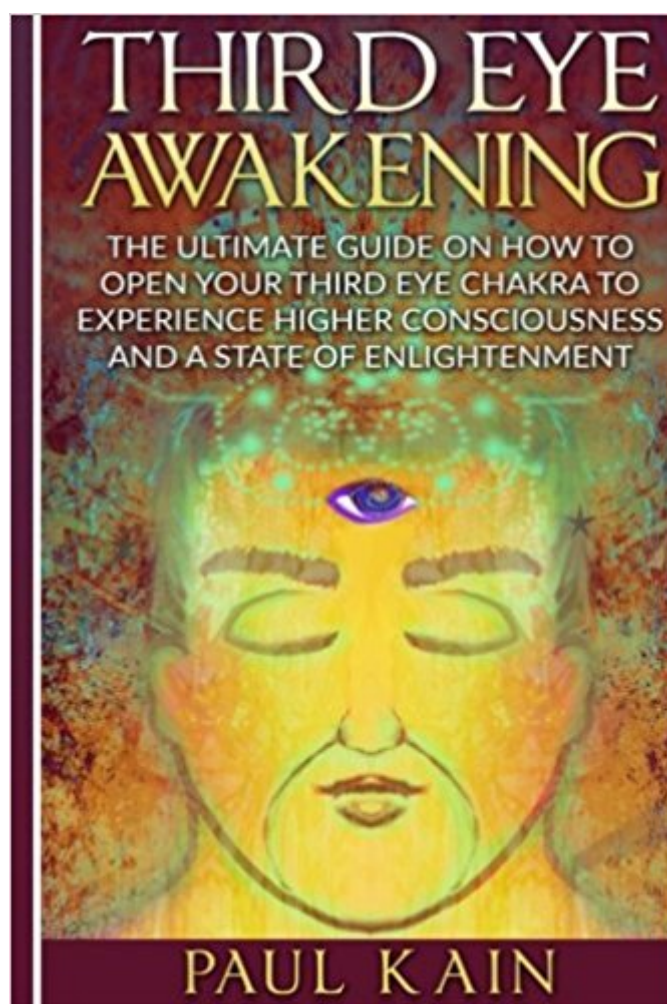


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# Third Eye Awakening: The Ultimate Guide On How To Open Your Third Eye Chakra To Experience Higher Consciousness And A State Of Enlightenment





## Synopsis

This book contains proven techniques and philosophies on how to become enlightened through the opening or waking of your third eye. The third eye is also known as the Anja chakra, the sixth chakra, the seat of the soul, and many other names. Most of us live day to day without knowing the amazing powers that come along with opening this eye. This book explores the mysterious third eye. The third eye is also known as the sixth chakra of the seven main chakras. It is the energy point for developing intuition, inner powers, clear decision making, balancing the inner and outer worlds, and the evolution of one self. By awakening the third eye one will tap into these powers as well as psychic abilities. These are true abilities to see beyond the constraints of this three dimensional world that we live in. You only must be open to this possibility as well as the abilities you will acquire to receive them. In this book you will learn:

- The history of the third eye also known as the sixth chakra
- How the chakra relates to both to spirituality and science
- The psychic abilities that come with an open chakra
- Techniques for opening the third eye including meditation, crystals, and oils
- The effects and challenges of awakening the third eye
- How to maintain a higher vibrational life to keep this eye open

## Book Information

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## Customer Reviews

I have been told that I am highly intuitive by several psychics and empaths but that I haven't been able to harness this intuition. For this reason, I want to learn to open my third eye and increase this. This book definitely gave me a lot of helpful information. It gives both scientific and spiritual information about the third eye and the associated pineal and pituitary glands. It gives various

techniques to open the third eye, though diet, meditation, crystals, oils, chanting and sound, etc. It also goes over ways to know that it is opening. I plan to implement several of these techniques and am excited to see how it goes!

The third eye is something I didn't believe in for a long time. After some time I started reading about it on the internet, but I could never find reliable information. That's why I decided to purchase this book, so I can inform myself properly. This book has taught a lot about harnessing the positive and effective energies in us. We all have certain positive and negative energy, but this book made me more aware. It has also taught me how to open my third eye with meditation which is also something I have wanted to do so not only do you get an explanation of what your third eye is but it also walks you through on how to meditate. It shows you how to get control of your life through meditation. I enjoyed the detailed and easy to follow meditation practices and actually found the portal technique of awakening energy, super effective. Furthermore, I learned how to activate my third eye, how to open it and how to use it for imagination. A fascinating book really, I would recommend it to all.

I just understood more about the workings of the third eye from reading this book. A stronger sense of awareness and intuition can be used for good purposes. It is nice to have these abilities. I am getting more curious on how long this can be achieved. Although a short book, I learned some things I have never encountered before. In the meantime, I may try the meditation exercises. I will need to do more research about the third eye before finally deciding to go through with opening it.

This book goes over all you need to know about understanding and using a third eye. It also goes over all the different experiences that will happen and the results and benefits of being able to attain this ability. I would recommend this book to anyone on a journey to learn more and their third eye and its benefits.

Read about the third eye is something totally new for me, during my teens years I read a lot about spiritualism and that kind of stuff but never had come to me a book like this. The third eye greatly affects our lives and this book has taught me it's not so difficult to get open it. I really enjoyed reading this book a lot, a lightweight and highly entertaining book.

Do we really have a third eye? Thats my question thats why I read this book, out of my curiosity.

After reading this book, my question has been answered, I've learn a lot how to improve your psychic sense and awareness. I will practice the techniques in opening our third eye and take advantage of the benefits of it.

Very interesting book. I would recommend this book to anyone interested in this subject matter.

Great quick read! A nicely condensed version of the third eye awakening. Great for someone who is new to the third eye, chakras, waking up, etc.

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